A Better World Running, LLC.

RELEASE & WAIVER OF LIABILITY AGREEMENT

In consideration of the opportunity to participate in the 5k, 10k, 15k, Half Marathon, or Marathon from A Better World Running, LLC. and related events and activities, including, without limitation, the walk and/or run (the "Events"), the named participant ("Athlete") agrees as follows: Athlete acknowledges that he/she is aware of the inherent risks involved in a strenuous and hazardous athletic event of these types, and Athlete voluntarily assumes these risks. Athlete attests and verifies that Athlete is physically fit and Athlete has sufficiently trained for the completion of the above-referenced Events in which Athlete participates and that Athlete's physical condition has been verified by a medical doctor. Athlete agrees, on his/her own behalf and on behalf of Athlete's heirs, estate, successors and assigns, to indemnify and hold harmless A Better World Running, LLC. the host cities (including without limitation, the City of Los Angeles, City of Huntington Beach, City of Van Nuys, City of Long Beach, City of Fountain Valley), any and all municipal agencies and departments whose property and/or personnel are used or in any way assist, and all producers, sponsors, co-sponsors, advertisers, organizers, volunteers and/or contractors of any of the Events in which Athlete may participate, and all employees, principals, directors, shareholders, agents, members, managers, affiliates, representatives, and insurers of each of the foregoing (collectively, the "Released Parties") against, any lawsuits, claims, or expenses (including attorneys' fees), whether arising from the negligence of any of the Released Parties or otherwise; and Athlete fully and forever waives and releases any and all rights and claims for any injuries (including death), or any other liability, to the fullest extent permitted by law, that Athlete has or may have against any of the Released Parties relating to Athlete's participation in any Event as a contestant or volunteer. Athlete acknowledges that the RELEASED PARTIES MAKE NO WARRANTY, EXPRESS OR IMPLIED, REGARDING THE EVENTS and agrees that the Released Parties will not, under any circumstance, be liable for consequential, indirect, special or similar damages. Athlete acknowledges that this Release & Waiver of Liability Agreement will be used by the Released Parties and that it governs the legal rights and responsibilities of both Athlete and the Released Parties. Further, Athlete hereby grants to A Better World Running the worldwide right in perpetuity to use Athlete's name, Athlete's voice, and/or Athlete's picture in any advertising, promotion, or other account of the Events in any form and for any purpose, without compensation or approval. A Better World Running reserves the right to reject any entry, and further reserves the right to change the details of the Events without prior notice. If any Event is canceled by A Better World Running due to circumstances beyond its reasonable control or as a result of governmental action, A Better World Running shall have no obligation to refund Athlete's entry fee or any other cost Athlete may have incurred in connection with such Events. Athlete consents to treatment in the event of an emergency or other incident in which, in the reasonable judgment of the on-site personnel, Athlete requires medical care. It is understood and agreed that

Athlete hereby assumes all liability for any and all medical expenses incurred as a result of training for and/or participation in the Event, including but not limited to ambulance transport, hospital stays, physician and pharmaceutical goods and services. Athlete warrants that all statements made herein are true and correct and understands that the Released Parties have relied on them in allowing Athlete's participation in the Events.

ATHLETE HAS READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT, AND UNDERSTANDS THAT ATHLETE IS ASSUMING THE RISK OF, AND RELEASING AND HOLDING HARMLESS THE RELEASED PARTIES IN CONNECTION WITH ATHLETE'S PARTICIPATION IN THE EVENTS.

IF ATHLETE IS UNDER AGE 18, HIS/HER PARENT OR GUARDIAN MUST SIGN THIS RELEASE & WAIVER OF LIABILITY AGREEMENT. Such Parent's or Guardian's signature below certifies that his/her son/daughter/ward has permission to participate in the Event(s). Athlete's Parent/Guardian has read and understands the foregoing RELEASE & WAIVER OF LIABILITY AGREEMENT (above) and by signing intentionally and voluntarily agrees to its terms and conditions. Athlete's Parent/Guardian further certifies that such son/daughter/ward is in good physical condition and is able to safely participate in the Event(s).

Name:		Signature:	Date:
Participant Info for	Mail in or Same Day F	Registration:	
Age:	Date of Birth:	Email:	
Race Name, Dista	nce, and Date:		
For credit card pay	ments:		
Name on Card:		Security code:	Exp. Date:
Credit card #:		Rilling Zin Code:	

Check payments written out to "A Better World Running" Please email us with questions at abetterworldrunning@yahoo.com